

## Telling Your Story: Questions for Reflection

Do you have children? Did/do you want children?

Have you or a partner used (do you use) family planning methods including birth control or contraceptives? Why or why not?

Have you or a partner had an abortion? Why? Do you know anybody (else) who has had an abortion or unplanned pregnancy?

Using Handout 3:1, "White Privilege," for some examples, what are some ways that your reproductive life may have been impacted by your racial identity? Sexual orientation? Class background? Education level? Citizenship status? Physical dis/abilities?

**Parents:**

Did you intend to have children when you did? What factors influenced your decision to have a baby or keep the pregnancy?

Did you have role models or other resources to help you raise your children?

What major life events have impacted/are impacting your parenting and children?

What are/were the major challenges of parenting (physical, emotional, spiritual, financial, sexual, social)?

**Non-Parents:**

Do you want to have children? Why or why not?

If you have actively decided not to have children, what factors will influence or have influenced that decision?

Do you have role models or resources to support your reproductive choices?

How is your life impacted by not having children (physical, emotional, spiritual, financial, sexual, social)?